



*You Are Cordially Invited to  
A Joyful Journey for Jesus' Disciples*

**SATURDAYS @ 7:15 AM**

*At*

***<http://www.mydodintl.org/ayo-ayo.html>***

*AYO! AYO! – a Joyful Journey for Jesus' Disciples – is designed and purposed to lead you into God's Presence through prayerful meditation and equip you to hear, record and heed the instructions provided by the Holy Spirit, our Joyful Teacher. While utilizing prophetic movement with the Spiritual Unveiled Truths of Righteousness in the Anointing (SUTRA) and the JESUS SAYINGS (scriptural words spoken by Jesus) adapted from the Agape Tabernacle International Fellowship, **Prophetess Dr. Kemba Jarena Lucas and Sis. Abriana K. Lucas-Glover** lead you on a 60-MIN journey to edify your spirit, mind and body. As a result, joy is realized as you yield the fruit of obedience, the anointing to live a holy life (Psalm 16:11, NCV). **Join them online with your journal, pen, mat, water bottle, towel and teachable spirit.** For further information, email [AYOAYO@mydodintl.org](mailto:AYOAYO@mydodintl.org).*